

**Assumption of Risk and Waiver of Liability:**

I, the undersigned, acknowledge that my participation in the above-mentioned event/activity at the Perham Area Community Center involves inherent risks and potential hazards. These risks may include, but are not limited to, physical injury, property damage, or other personal harm. I understand that these risks may arise from my own actions, the actions of others, or the condition of the facilities or equipment.

I voluntarily assume all risks associated with my participation in this event/activity. I agree to hold harmless and indemnify the Perham Area Community Center, its officers, employees, volunteers, agents, and representatives from any and all claims, demands, or causes of action, including but not limited to claims for personal injury, property damage, or wrongful death, arising out of or in any way related to my participation in this event/activity.

I understand and agree that this waiver of liability applies to any injury or damage that may occur, whether caused by my own actions, the actions of others, or any other cause. I further agree to comply with all rules, regulations, and instructions provided by the Perham Area Community Center related to this event/activity.

**Medical Authorization:**

In the event of an emergency, I authorize the Perham Area Community Center and its representatives to obtain medical treatment for me or my minor child, if necessary. I understand that I will be responsible for any medical expenses incurred as a result of such treatment.

**Acknowledgment of Understanding:**

I have read this Liability Waiver carefully and fully understand its contents. I acknowledge that by signing this document, I am relinquishing certain legal rights and agreeing to the terms stated herein.

**Participant Signature:**

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

**If Participant is Under 18 Years of Age:**

Parent/Guardian Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# PACC BUILDING & AGE POLICIES

---

- All members must scan in and guests must purchase day passes at the front desk
- Members over the age of 16 may purchase a 24/7 fob to access the PACC outside of staffed hours
- Cell phone/Photography policy:
  - Phones should be set to 'silent' or 'vibrate' while in the facility
  - Phone conversations should take place in lobby areas only and should not take place via speakerphone
  - Phone use and photography is prohibited in all locker rooms and rest rooms at all times
  - If taking photos in fitness areas you must ensure only those giving explicit permission to be in the photo are in it
- Appropriate clothing and footwear must be worn at all times; shirt and shoes are required except in locker rooms and Aquatics area
- Parties are not allowed in lobby areas, you may inquire about party rental rooms
- Help keep our facility clean and RESPECT other patrons and our staff by:
  - Keeping showers to a maximum of 10 minutes
  - Wipe down all machines, mats, weights and other equipment after use
  - Dispose of trash and recycling in designated receptacles
  - Limit perfume/cologne use
  - Keep earbud/headphone volume at a level that does not disrupt others
  - *NO EXTERNAL speakers allowed at any time*; this includes any music/video watching, or conversation via speakerphone
  - Avoid dropping or throwing weights excluding bumper plates
  - Use **appropriate language**. The PACC is an all age/family environment, foul language or yelling at other patrons or staff will not be tolerated
- Lockers are for daily use only, you must remove items each day unless purchasing a locker rental.
- Please leave valuables at home, locked in your car, or locked in a locker. The PACC is not responsible for lost/stolen items.
- Behavior that adversely affects patrons or staff will be handled at the discretion of the PACC staff and could be cause for suspension or termination of membership or guest privileges. This may include *but is not limited to*: fighting, pushing, yelling, disrespecting PACC staff or foul/abusive language.
- No smoking or vaping allowed on PACC premises. This included outside areas.
- **Service Animals**: We welcome Service Animals. Emotional support or comfort animals are not service animals. Only trained service animals are covered under the ADA and Minnesota Human Rights Act. Impersonating a Service Animal is punishable by fines and jail time under Minnesota statute 609.226.

## Age Restrictions and Policies:

- Children must be 13 years or older to be at the PACC without adult supervision and to use fitness equipment
  - Exceptions include kids in direct supervision of PACC staffed activities/classes/lessons/programs
- Children 10-12 years old can be in the facility without direct supervision, **but an adult 18+ MUST be present in the facility**
  - The areas they may use are limited to the Fieldhouse, Back Gym, Racquetball Court, seating areas and they may attend open swim
  - Kids are not allowed in any fitness area or the Adventureland without supervision
- Fitness Areas: At no time are children under the age of 13 allowed in any fitness areas, regardless of adult supervision.
- Adventureland: Children 12 and under only are allowed to play in/on the Adventureland equipment and MUST be supervised by an adult 18+ who must remain in the Adventureland with the child(ren) at all times.
- Aquatics: Children 10-12 may attend open swim but MUST have an adult 18+ present in the facility. Children under age 10 must have an adult present in the locker room areas and on the pool deck at all times. **Children under the age of 6 are not allowed in the whirlpool at any time, regardless of adult supervision.** Children ages 6-13 may use the whirlpool with an adult 18+. Children under the age of 16 should not use the sauna regardless of supervision.
  - All patrons should respect PACC lifeguards when they are enforcing policies or disciplining children/patrons regarding safety policies

**All age restrictions and policies at the PACC are made with the utmost regard for your child's protection and safety. Please help other patrons enjoy the facility as well by adhering to and respecting the staff regarding these policies. Thank you for your help and cooperation in making the PACC a place for everyone to enjoy!**